

Naples, Sorrento, and the Amalfi Coast

Day 1: Depart Hendersonville, NC

Overnight flight to Rome.

Day 2: Naples

We head to Naples for an intimate guided journey through its dark underground of caves, aqueducts, cisterns, and passageways, before checking into our hotel to rest and refresh before heading out with our guide to tour the picturesque Spanish quarters to sample some of Naples famous food specialties, then back to our hotel for a welcome *aperitivo* on their rooftop garden and dinner.

Hotel: *Hotel San Pietro, Naples*

Day 3: Naples

This morning, we are greeted by our guide as we head to Mt. Vesuvius, with a 900 meter walk to the edge of its crater. For lunch, we head to a unique winery, Bosco de' Medici, to dine among its vines while discovering the fragrance and flavor of ancient roman wines. Then, with our guide, we continue on for an intimate look at the ruins of Pompeii.

Hotel: *Hotel San Pietro, Naples*

Day 4: Naples - Sorrento

This morning, we have a local market tour in historic Naples before heading to our our pizza cooking lesson. After lunch, we meet our guide and tour the ancient Herculaneum. Then we say goodbye to Naples and head south to Gragnano and its famous pasta making factory. We then travel along the Sorrentine Coast to our hotel to relax before dinner at Tavola di Locullo.

Hotel: *Grand Hotel Riviera, Sorrento*

Day 5: Sorrento

We head to Vivaio Ruoppo to walk the lemon trail with tastings of lemon and orange marmalades made from their groves and the making of limoncello, before traveling to Fattoria Terranova in Massa Lubrense for a true farm-to-table experience, enjoying a cooking class with farm fresh produce, along with the making of olive oil and a mozzarella demonstration. We travel back to our hotel to have dinner at the local Leone Rosso.

Hotel: *Grand Hotel Riviera, Sorrento*

Day 6: Isle of Capri

Today, we travel by private boat to tour the Isle of Capri, where we shall grab a boxed lunch and head via chairlift to the top of Monte Solara for its amazing vista. We head back to Sorrento to Villa Ida for another cooking lesson where we will be serenaded by a Neapolitan guitar as we dine among the beautifully manicured gardens.

Hotel: *Grand Hotel Riviera, Sorrento*

Day 7: Amalfi Coast

We shall travel the breathtaking Amalfi Coast with our first stop in Ravello to tour the expansive gardens of Villa Cimbrone, which dates back to the 11th century and is ranked as the most memorable sight on the Amalfi Coast. We then head to a spectacular lunch at Torre Normanna, a 13th century tower, where we shall dine on the edge of the coast with a breathtaking view of the Mediterranean before us. We travel back along the coastline to stop in Positano with a visit to a *gelateria* to learn how to make Italy's famous ice cream, before heading back to Sorrento for dinner.

Hotel: *Grand Hotel Riviera, Sorrento*

Day 8: Rome

Today, we travel to Monte Cassino, where the famous WWII battle commenced. The abbey dates back to the 6th century, and we shall learn its history and tour its grounds. We travel on to Rome for a guided walking tour of Testaccio. Known as the "heart of Rome," Testaccio is a foodie neighborhood where *cucina romana* (roman cuisine) was born. We tour the local market and sample delectable Roman street food. We return to our hotel, only a ten-minute walk to Villa Borghese. You'll be given a map to tour the landscaped acreage at your leisure, or have time to yourself to relax and shop, before meeting at the hotel to head to our farewell dinner.

Hotel: *Ludovisi Palace Hotel, Rome*

Day 9: Flight Home

Return service to your door.